



# Group Profile

Team members get to know each other by contributing to a group mural

## TIME

10-20 minutes



## TEAM STAGE

Forming, Storming, Norming

## MATERIALS

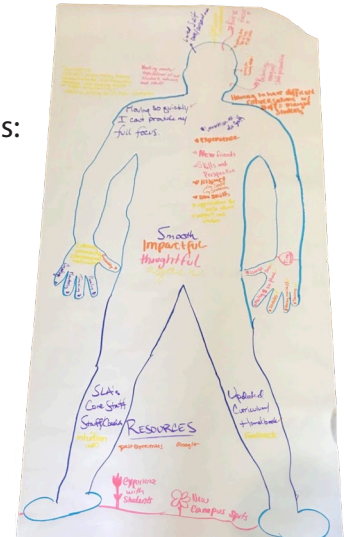
Poster paper, markers

## SUMMARY

Team members get to know each other by answering questions and contributing to a group mural. Groups can discuss shared interests and goals as well as develop team cohesion.

## SET UP

- Draw an outline of a body on a large piece of poster paper.
- List the following topics outside the outline next to the coordinating areas:
  - Head: dreams or goals we have (for our community).
  - Ears: things we like to listen to.
  - Eyes: how we like other people to see us.
  - Shoulders: problems people like us may have to face.
  - Hands: things we like to make or do (with our hands).
  - Stomach: things we like to eat.
  - Heart: things we feel strongly about.
  - Right foot: places we would like to go.





## INSTRUCTIONS

- Divide participants into groups of four to five.
- Post a body outline on the wall for each group. Have participants come up to their poster and write things or draw pictures to represent their thoughts on each area. This is done graffiti style, free form.
- After everyone has had a chance to participate, ask for volunteers to report to the group on what is included on their poster.

## VARIATIONS

- Consider splitting participants up intentionally, such as by committee or personality type, to depict goals or strengths.
- Change the prompts to focus them around a specific event or topic, such as fundraising or conflict.

 **Small Group:** To facilitate this activity for a small group, create one group profile all together instead of splitting participants into smaller groups. It will be cool to see the whole group represented on one poster.

 **Online:** To facilitate this activity virtually, use a shared document with a slide for each small group. Set up each slide with the body outline and prompts for the various body parts. Put participants in breakout rooms and have them add text boxes and pictures to their group's slide to represent the prompts.



## DEBRIEF QUESTIONS

- What:
    - Did you discover commonalities among your group in this activity?
    - Which prompts were the easiest for you to answer? Which were the hardest?
  - So What:
    - What is the benefit of sharing about ourselves with an activity like this?
    - What are the benefits of doing this as a group activity and not an individual activity?
  - Now What:
    - What can you do with the information you learned about your peers through this activity
    - What are three ways you can continue to learn more about the people in this group?
- **Facilitator Note:** These questions can be used to guide your debrief, however, pick the questions that best match your group's experience and add or change questions as needed.