



This Game Is Really Fun

Make everyone laugh and feel comfortable with this simple game

TIME

10 minutes



MATERIALS

None

TEAM STAGE

Forming, Storming, Norming,
Performing

SUMMARY

The group creates a circle, holds hands, and chants “this game is really fun” until everyone laughs.

SET UP

- Pick a space that is relatively quiet so that participants can hear each other and large enough that everyone can form one large circle.

INSTRUCTIONS

- Have everyone stand in a circle holding hands.
- Tell everyone to swing their hands back and forth and chant in a monotone voice, “This game is really fun.”
- All participants must make eye contact with other participants.
- If participants start to giggle or smile, have them step out, creating a smaller and smaller circle of chanting, bored-looking people.
- The game ends with two people holding hands, swinging their hands, chanting and staring into each other’s eyes.
- Whoever laughs last wins.

VARIATIONS

- Choose any other phrase to chant, such as an inside joke the group has.
- When there are enough people who are out, have them form a circle on the outside of the players who are still in. In the outside circle, you cannot get out.



Large Group: To facilitate this activity for a large group, allow everyone who is out to distract the players who are still in to try to make them laugh. This will keep more participants actively engaged.




Online: To facilitate this activity virtually, have everyone turn on their camera and microphone. Tell participants that they must keep their video-conferencing window open and at the forefront of their screen, and that they must keep their eyes open and looking at their screen. Instead of holding hands, have everyone keep their hands by their head and in view of their camera. Instead of swinging their hands, have participants keep their hands in motion the whole time. Have participants say “This game is really fun” in a monotone voice. If anyone laughs or smiles, have them turn their camera off. The game is over when only one participant is left with their camera on. [\[click here for video\]](#)

(DEBRIEF QUESTIONS ON NEXT PAGE)



DEBRIEF QUESTIONS

- What:
 - What did you appreciate about this activity?
 - How would you define success in this activity?
- So What:
 - Why is it important to be able to have fun?
 - What can happen if a group never takes the time to have fun?
- Now What:
 - What can you do to balance work and fun in your group?
 - How can you keep a good attitude through both success and failure?

 **Facilitator Note:** These questions can be used to guide your debrief, however, pick the questions that best match your group's experience and add or change questions as needed.