



Going On A Trip

Learn each other's names while preparing for an imaginary trip

TIME

10 minutes



MATERIALS

None

TEAM STAGE

Forming

SUMMARY

This activity helps groups to learn each other's names while also having to remember the items that everyone would bring on an imaginary trip.

SET UP

- Have all participants form a circle.

INSTRUCTIONS

- Tell participants that you are going on a group camping trip and each person has to bring one thing with them.
- Go around the circle and have each participant say their name and what they are going to bring on the trip.
- Each participant must say the name of all the people before them and what each person is bringing on the trip before saying their own name and what they are bringing.
 - For example:
 - **Person 1:** *My name is Kim and I am bringing canned food.*
 - **Person 2:** *This is Kim and she is bringing canned food. I am Morgan and I am bringing a first aid kit.*
 - **Person 3:** *This is Morgan and he is bringing a first aid kit, Kim is bringing canned food, and I am Jayne and I am bringing a book to read.*
 - *This continues until the last person.*
- The activity naturally gets more challenging as you get closer to the end and there are more names and objects to remember. If a participant get stuck, the rest of the group can help them remember the parts they are forgetting.

VARIATIONS

-  **Large Group:** To facilitate this activity for a large group, have each participant just say the name of the person directly before them and what that person is bring on the trip instead of having to say all people that are introduced before them.
-  **Small Group:** To facilitate this activity for a small group, go around the circle twice so that everyone has to remember and repeat everyone's name and what they're bringing on the trip, not just the people who are before them in the circle. If the group is really good, have them switch places in the circle and repeat the exercise with the original items, not new ones.



VARIATIONS *(continued)*

- 🖥️ **Online:** To facilitate this activity virtually, post an order of names in the chat and have participants share what they're bringing on the trip in that order. [\[click here for video\]](#)
- For a similar activity, see [Magic Box](#).

DEBRIEF QUESTIONS

- What:
 - What was difficult about this activity?
 - What tactics did you use to remember everything that was said?
 - So What:
 - Why is it important to pay attention to and remember what other people say?
 - How can remembering other people's contributions help you increase efficiency as a group?
 - Now What:
 - What memory tips or tricks did you learn in this activity that you can continue to use?
 - What is one way you foresee your memory helping your group be effective?
- 📌 **Facilitator Note:** These questions can be used to guide your debrief, however, pick the questions that best match your group's experience and add or change questions as needed. As a general note, getting to know you activities are used for the purpose of developing connections within the group. Typically you do not have to debrief a getting to know you activity, however, when done intentionally, inserting a mini debrief can help set up a lesson or tie your entire experience together in a more seamless fashion.