



# Line Ups

Line up in a variety of ways without speaking

## TIME

10 minutes



## MATERIALS

None

## TEAM STAGE

Forming, Storming, Norming,  
Performing

## SUMMARY

Ask your group to line up in a variety of ways without talking. They will learn a little something about their group along the way!


## SET UP


- Find a space that is large enough for the group to form a continuous line.


## INSTRUCTIONS

- Have participants form a single-file line.
- Tell the group that there is no speaking (or mouthing words) during this activity.
- Then, ask participants to rearrange themselves according to certain criteria, such as:
  - Shortest to tallest
  - Birth month and day
  - Where they live (near to far)
  - In alphabetical order by first or last name
  - By favorite color
- If there is enough time, have the group complete a few of the options above or add different criteria!

## VARIATIONS

 **Medium Risk:** To facilitate a more medium risk variation of this activity, allow participants to talk but require them to have their eyes closed while completing the task.

 **Large Groups:** To facilitate this activity for a large group, consider splitting the group in half to complete the tasks.

 **Online:** To facilitate this activity virtually, create a shared whiteboard space for participants to contribute their name or a picture to. Participants will move these objects around on the whiteboard space without speaking to put themselves in the correct order. To increase the difficulty, add in additional restrictions such as not allowing participants to draw or write on the whiteboard space.

[\[click here for video\]](#)

**DEBRIEF QUESTIONS** *(on next page)*



## DEBRIEF QUESTIONS

- What:
    - What tactics did the group use to achieve the objective of this activity?
    - How would you define a team? Did the group work as a team in this activity?
  - So What:
    - What does effective teamwork look like in our group? What about ineffective teamwork?
    - What happens when we are able to work effectively together as a team?
  - Now What:
    - What are some ways we can improve our teamwork for our next event or project?
    - What will we do as a group when we notice that we aren't acting as a team?
- **Facilitator Note:** These questions can be used to guide your debrief, however, pick the questions that best match your group's experience and add or change questions as needed.