



Name Olympics

Learn each other's names through alliterations and actions

TIME

10 minutes



MATERIALS

None

TEAM STAGE

Forming

SUMMARY

It can be very challenging to learn names in a new group. This activity provides a fun, simple, quick and very effective strategy to actually remember everyone's names. This activity combines elements of [Name Alliteration](#) and [Name & Action Move](#).

SET UP

- Have all participants form a circle.

INSTRUCTIONS

- Give each participant time to come up with an alliterative action word for their name and a corresponding movement to go along with it. For example: *Running Riley, Jumping Jack, or Diving Diana*.
- Go around the circle and have each person introduce themselves and do their movement.
- The whole group should say "Hi" and repeat that person's name and movement to help them remember!
- Challenge the group to use the alliterations and movements all day when talking to or calling on people.

VARIATIONS

- After the activity has concluded, ask if there is anyone who thinks they remember everyone's name alliteration and movement. Have them go around the circle and see how many they actually remember.

 **Large Group:** To facilitate this activity for a large group, split the participants up into several smaller groups so that they can learn those names really well.

 **Small Group:** To facilitate this activity for a small group, have each participant introduce themselves as well as everyone who came before them. This will test their ability to remember the names of their peers. Or, have each person introduce themselves and just the one person who went before them.

 **Online:** To facilitate this activity virtually, post an order of names in the chat and have participants share their name alliteration and action in that order. [\[click here for video\]](#)

- For similar activities, see [Name Alliteration](#) and [Name & Action Move](#).

DEBRIEF QUESTIONS (*on next page*)



DEBRIEF QUESTIONS

- What:
 - How successful do you think this activity was?
 - What helped you remember everyone's name the most?
 - So What:
 - Why do we take the time to make sure we know everyone's name?
 - How can remembering someone's name improve your relationship with them?
 - Now What:
 - How will you make sure you do not forget anyone's name?
 - What other information can you learn and remember about the members of your group?
- **Facilitator Note:** These questions can be used to guide your debrief, however, pick the questions that best match your group's experience and add or change questions as needed. As a general note, getting to know you activities are used for the purpose of developing connections within the group. Typically you do not have to debrief a getting to know you activity, however, when done intentionally, inserting a mini debrief can help set up a lesson or tie your entire experience together in a more seamless fashion.