



Pie Chart Life

Learn more about how your team spends their time

TIME

10-20 minutes



TEAM STAGE

Forming, Norming

MATERIALS

Paper, pens or pencils, colored markers, colored pencils, or crayons

SUMMARY

Think about the things that are most important in your life and make a pie chart that you can share with your peers.

SET UP

- *Optional:* Print out a blank pie chart for everyone in the group to use as a template.

INSTRUCTIONS

- To start this activity, allow participants about two minutes to brainstorm all of the most important parts of their life.
- If printed, pass out a pie chart to every participant and have writing utensils available.
- All participants should make a pie chart that represents the parts of their life that they brainstormed. The larger the slice of pie, the more important it is in your life.
- If participants would like, they can also color each of the slices of their lives to show the differences.
- After everyone has completed their pie charts, allow everyone to share as little or as much as they would like with the group.

VARIATIONS

-  **Large Group:** To facilitate this activity for a large group, have participants share in pairs or small groups instead of to the whole group.
-  **Online:** To facilitate this activity virtually, have participants either draw their pie charts on paper and hold them up to the camera when they share, or create them on their computer using a design application like Canva and share their screen with the group. [\[click here for video\]](#)
-  **Asynchronous:** To facilitate this activity asynchronously, create a shared folder or document where participants can upload pictures of their pie charts and see other participants' pie charts.



DEBRIEF QUESTIONS

- What did this activity show you about where you spend your time?
- What is a change you'd like to make resulting from this experience?
- What did you hear from others that you want to add to your list?

■ **Facilitator Note:** As a general note, icebreakers are used for the purpose of breaking the ice and getting a group warmed up to participate in lessons and activities that will include debrief questions. Typically an icebreaker does not need to be debriefed, however, when done intentionally, inserting a mini debrief or thought provoking question after an icebreaker can help to set up the rest of the lesson and tie the entire experience together in a more seamless fashion. These are some sample questions that can be used or modified to connect to the lesson that will follow.