LEADERSHIP INSPIRATIONS

Goal Web

To share goals with other group members and create a connected web of ideas.

TIME	MATERIALS	TEAM STAGE
10-20 minutes	None	Any stage

Learning & Development Outcomes

In this activity, participants get the chance to reflect on their individual and group goals for the year. Participants throw a ball of yarn to each other to visually represent how interconnected their goals are with the rest of the group.

Outcomes are focused on developing ***21st Century Skills*** and the ***National Association of Colleges and Employers (NACE) Career Competencies***, including, but not limited to:

- Setting goals with tangible and intangible success criteria.
- Setting and meeting goals, even in the face of obstacles and competing pressure.
- Identifying areas for continual growth while pursuing and applying feedback.
- Seeking and embracing development opportunities.

Preparation & Logistics

Set Up

- You will need a ball of yarn that is 100-200 yards in length. For larger groups,
- 200-300 yards is best.
- Find a location that has enough space for your group to stand in a circle with some space between each other.

Safety

- Encourage participants to toss the ball of yarn gently to each other; underhand tosses rather than overhand throws.
- Ensure that participants know they will be sharing their individual goals out loud to the group and to make sure they feel comfortable doing that with whatever they choose to write.

Additional Considerations

- Set aside additional time for a debrief.
- *Click here to watch it live!*

K-2 3-4 5-6 7-8 9-12 ASB

© 2022 Leadership Inspirations

LEADERSHIP INSPIRATIONS

Instructions

Summary
Groups realize how their individual and group goals are all connected to each other.

This activity is appropriate and effective for all age ranges! If you feel that goals are too risky of a topic, use other prompts for participants to share.

- *What is something you are good at?*
- *What is something you accomplished recently?*
- *What is one thing you find challenging?*
- *What is a hope that you have?*

Step 1: Preparing goals

- Give participants five to seven minutes to brainstorm and write down individual and/or group goals on an index card.
- Once everyone has a few goals, gather participants in a circle, with some space between individuals.

What if I don't have any yarn?

"In order to create the 'web effect' it is best to have a long piece of material such as rope or string. If you can't find anything of this nature, modify with a ball or other small object that is safe to throw and modify your Step 3 questions appropriately."

Step 2: Begin the activity

- Ask for one volunteer to start and give them the ball of yarn.
- They will share one of their goals aloud and then toss the
- ball of yarn to someone else in the circle. Before they toss it, have them unravel some of the yarn from the ball and hold onto the end of the yarn so that they begin to make a web.
- Popcorn pass the ball of yarn around the circle until everyone has had a chance to share their goal and is holding onto a piece of the web.

Step 3: Make connections

- After the web is completed, have a discussion about what they have created:
  - What is the significance of this web?
  - What does it mean to our group?
  - What would happen if one of us let go?
- Next, challenge the group to travel to a new destination (across the room, out a door, around a table, etc.) while balancing a balloon on the web.
  - They cannot let go of the yarn.
  - They cannot let the balloon hit the floor.
  - They cannot physically touch the balloon to keep it from falling.

How to end the activity

- Cut off small sections of the yarn that the participants are holding on to.
- Encourage participants to tie it around their wrists or on their belongings to act as a reminder of their goals.

K-2 3-4 5-6 7-8 9-12 ASB

© 2022 Leadership Inspirations

Debrief Questions

These questions are a starting point to guide your debrief. Pick the ones that best match your group's experience and add or change questions as needed!

What

- What are some of the things you heard that stood out to you?
- What do you feel the goal of this activity was?

So What

- How have we all been interconnected like this throughout our time together?
- What does the web symbolize for our group?

Now What

- What is one commitment each person can make towards achieving their goal?
- How will we use the knowledge we just gained to continue to better our team?

Adjustments for...

Large Group (25+)

- Consider breaking up a large group into two or more smaller groups to create a more intimate atmosphere for participants to share their goals.

Online *Click here to see the online version!*

- To facilitate this activity virtually, use a collaboration platform such as Google Jamboard or Zoom whiteboard to write each participant's name and arrange the names in a circle.
- As participants share, have them draw a line connecting their name to the name of the next person who they want to share. Allowing participants to pick the color of their line can also make the web look really unique.
- The video shows an activity called "Web of Life" which is a slight variation on "Goal Web," but the way it is facilitated in an online setting would be the same.

Each adjustment is its own unique idea for how to facilitate this activity for different groups and situations! Choose any or all that work!

K-2 3-4 5-6 7-8 9-12 ASB

© 2022 Leadership Inspirations