Setting the Table

LESSON

LEARNING & DEVELOPMENT OUTCOME

Participants will answer questions that clarify various points of view and lead to an understanding of how to set a table.

MATERIALS

Sample place setting

AGE ADJUSTMENTS

For an older audience, include more items in the place setting such as a bread plate, salad fork, or soup bowl.

Lesson Plan

Introducing the Lesson

- Ask participants to raise their hand if they have ever helped set the table before a meal.
  - Allow a few participants to share how they help set the table.
- Ask participants to raise their hand if they have ever been to a restaurant or someone's house where the table was set for them.
  - Allow a few participants to share what items were set up on the table.

Can we do more than four actions?

"The worksheet only has space for four actions, but you can allow participants to draw more boxes on the back of the worksheet if they want to include more actions."

Experiencing the Lesson

- Share the sample place setting from the "Place at the Table" lesson and explain that you are going to talk about how to set the table.
- Divide participants into 7 groups and assign each group one piece of the place setting (placemats, plates, cups, napkins, forks, knives, and spoons).
- Have each group work to answer the following questions about their item:
  - What is this item used for?
  - What other silly uses could there be for this item?
  - Where does this item belong in a place setting?
- Have each group present the answers that they came up with for their item.

Closing the Lesson

- Encourage participants to offer to help set the table at an upcoming meal at home.

After the Lesson

- Consider bringing in the necessary items and letting participants set the table for an upcoming lunch or snack.

K-2 3-4 5-6 7-8 9-12 ASB

© 2022 Leadership Inspirations

Further Exploration

- Put participants into groups of 3 or 4.
- Have each participant think of a meal that they eat at home or with their family that they enjoy.
- Let participants share with their group what they thought of.
- Encourage participants to think about what items they use when eating that meal.
  - What items of the place setting are needed to eat the meal?
  - Are there any additional items that are used?

Get Creative

- Give each participant an Eat Up! worksheet and some markers or colored pencils.
- Have them think about the types of food that they like to eat with a fork, a knife, or a spoon.
- Give them time to draw what they like to eat with each utensil.
- Then, put them in groups of 3 or 4 and have them share what they drew.

Online

- To facilitate this lesson online, use screen sharing to show the sample place setting.
- Put participants in breakout rooms to answer the questions about their assigned item.
- Then, close the breakout rooms and allow participants to share out to the group.

© 2022 Leadership Inspirations

Eat Up!

What foods do you love to eat with a . . .

Worksheet for: Setting the Table

© 2022 Leadership Inspirations