



Collaborative Goals

LESSON

LEARNING & DEVELOPMENT OUTCOME

Participants will leverage relationships with peers while planning and managing goals and expectations for the future.

MATERIALS

Collaborative Goals worksheet, writing utensil

AGE ADJUSTMENTS

For a younger audience, spend some more time going over what a goal means and what it could look like. Then delve into other concepts such as collaboration and accountability once the basics are covered.

Lesson Plan

Introducing the Lesson

- Ask participants to share what support they might want if they were trying to accomplish a goal.
- Ask participants to share what they might do to help a friend accomplish a goal.
 - Discuss the importance of collaboration and accountability when working towards goals.



Should the goal be something the pair does together?

Experiencing the Lesson

- Have everybody find a partner to work with.
- Give each pair a few minutes to talk about their interests, hobbies, and some goals they might want to work towards.
- Have each pair come up with a goal that they are both interested in and can work on together.
- Have each partner share what they think the most challenging part of accomplishing the goal will be for them.
- Then, have each partner share what they could do to support their partner through the challenge they shared.

"It can be! But it can also be something they both do independently but at the same time."



Closing the Lesson

- Give each pair a Collaborative Goals worksheet and a writing utensil and give them a few minutes to fill it out together.

After the Lesson

- Set up some time for each pair to check in on their progress, or encourage each pair to set up a check-in on their own.

Encourage each pair to pick a goal that is moderately challenging and can be accomplished (or at least worked on) over the span of a few days or weeks.



Further Exploration



- After participants have spent some time working towards their goal, have them get together and share their experience.
- Have them compare and contrast the personal challenges and successes that each of them experienced.
- Ask each pair to create a list, Venn diagram, or narrative outlining the similarities and differences in their experience with the goal.

Get Creative

- Challenge each pair to find an image/comic/video/etc. that represents the goal that they are working.
- After spending some time working towards the goal, challenge each individual participant to find a new image/comic/video/etc. that represents their experience and/or outcome.
- Consider how similar or different each participant's image/comic/video/etc. from their partner and how similar or different they both are to the initial image/comic/video/etc.

Online

- To facilitate this lesson online, put each participant into a breakout room with a partner to talk, come with a goal, and discuss their goal.
- Create a shared document with the questions on the Collaborative Goals worksheet that participants can edit, or have them write down their answers on a physical piece of paper that they can hold on to.



Collaborative Goals

Our goal is:

Partner A

Partner B

My biggest challenge will be:

My biggest challenge will be:

I can help my partner by:

I can help my partner by:

Worksheet for: Collaborative Goals